

Dear patient,

Following the review of cryotherapy's efficacy in comparison to over-the-counter products available for treatment of warts and verrucas, we have made the executive decision of ceasing the service permanently.

The recent research has revealed that there has been no evidence of a difference between cryotherapy and the use of topical salicylic acid in treatments of warts and verrucas.

Additionally, cryotherapy requires several treatments, can be painful at the time of application, and may cause pain, blistering, infection, scarring, and depigmentation.

Please ask your pharmacist for one of the following treatments:
Salicylic acid as plasters, collodion, gel, paint or combined with podophyllum resin. Common products include Bazuka and Salactol. The addition of lactic acid theoretically makes it more effective.

The treatment often takes as between 8 and 12 weeks to work.

Please follow the below advice to avoid the spread of your wart/verruca:

Do

- wash your hands after touching a wart or verruca
- change your socks daily if you have a verruca
- cover warts and verrucas with a plaster when swimming
- take care not to cut a wart when shaving

Don't

- do not share towels, flannels, socks or shoes if you have a wart or verruca
- do not bite your nails or suck fingers with warts on
- do not walk barefoot in public places if you have a verruca
- do not scratch or pick a wart

Kind regards
Dr Jefferies and Partners